



# THE LEADER

Vol. 39, No. 9

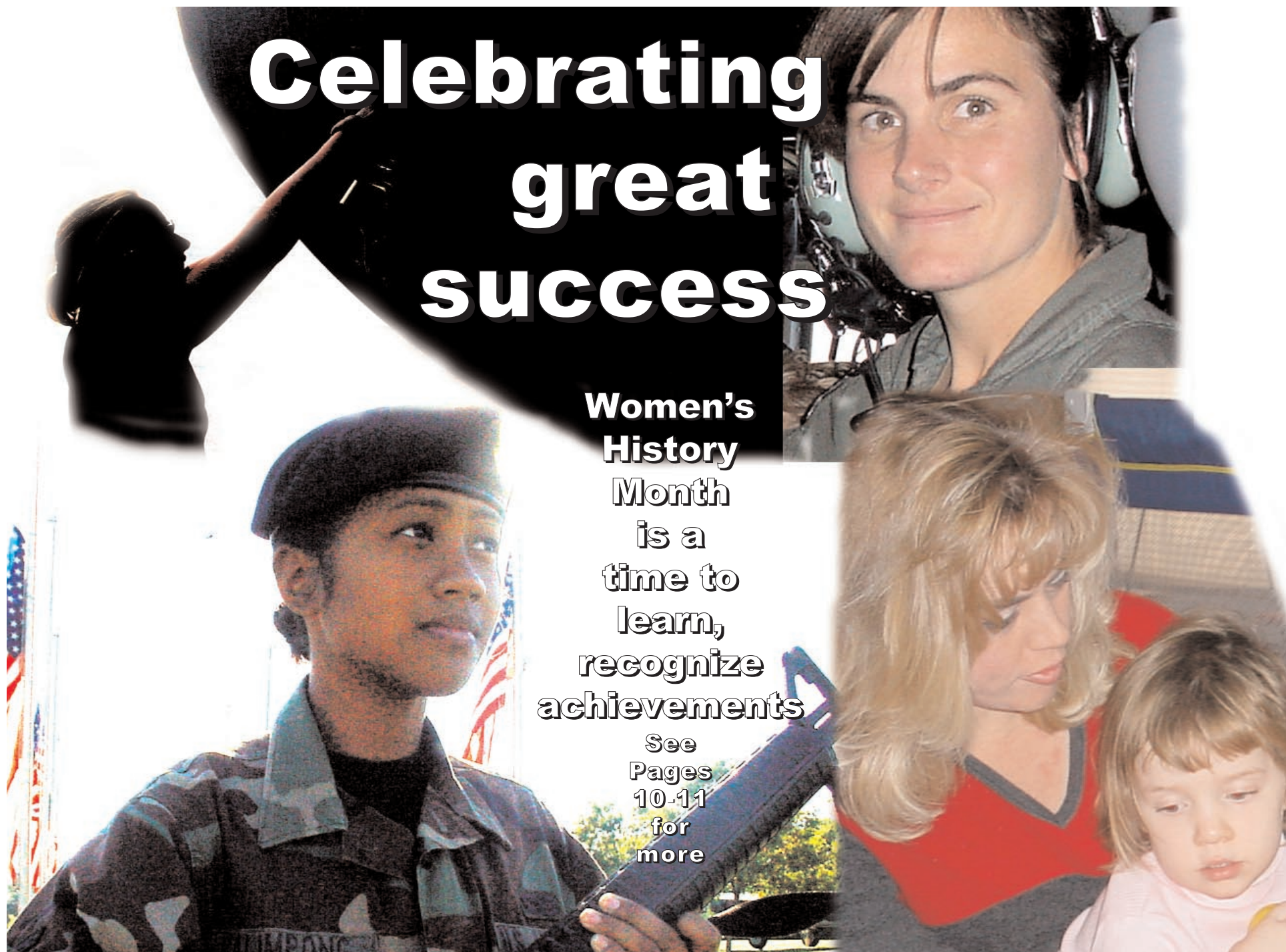
Grand Forks Air Force Base, N.D. ♦ <http://public.grandforks.af.mil>

March 5, 2004

## Celebrating great success

Women's  
History  
Month  
is a  
time to  
learn,  
recognize  
achievements

See  
Pages  
10-11  
for  
more



319th Air Refueling Wing ♦ Warriors of the North

### Inside:

#### Weekend weather

Today	25/8	Snow
Saturday	27/9	Windy
Sunday	32/12	Windy
Monday	31/13	Snow



Weather information courtesy  
319th Operations Support Squadron weather flight

Global  
War on  
Terrorism  
medals  
outlined

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Remembering  
a  
lost  
airman

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Learn more  
about your  
opportunity  
to vote

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It's your Future.  
**VOTE**  
for it!



# From Africa to the Academy, women of the world provide perspective

By 2nd Lt. Ashley Gee  
Public affairs

If there was ever one thing that my mom taught me, it was to be self sufficient.

“Never be in a position where you have to rely on someone else to take care of you,” she always told me.

Being just a child romping in the jungles of Nigeria, I never really understood what she was talking about or where she was coming from, I just knew I had to try hard and give 100 percent at everything I did.

Eventually that mentality got me through the United States Air Force Academy and led to becoming an officer and lady in the United States Air Force.

About two weeks ago, I saw an e-mail about Women's History Month. The thought occurred that I had never heard of such a thing. Was there really a month that celebrated women and their achievements? Well just about everything has a month or a day at least so it was entirely possible.

The whole idea sparked thoughts of my life as a young girl in Africa to now being a female second lieutenant in the Air Force stationed at Grand Forks Air Force Base, N.D.

Nigeria, where I once lived, in itself is an amazing place with a people and culture unlike anywhere else in the world. That being said, the life of a woman in Nigeria is vastly different that anything you could imagine here in the United States.

Nigerian women were expected to bear the children, plant the cassava fields and take care of their family with very little recognition for how much they did.

Education for children was not the primary concern for most families and, if you were a girl, that

might mean you didn't get one at all.

Most privileges were given to the boys first and then the girls. I watched the majority of my childhood schoolmates have arranged marriages before they had a chance to finish any of their schooling.

The rules didn't always apply to men and women in the same way either. It is perfectly normal for the men to be promiscuous but if a woman were to be that way, she would face harsh repercussions.

In some cases, the woman may be “marked” so everyone will know what she has done. In one instance a young girl's face was cut with a razor then pepper thrown in the open wounds. If a woman was to get pregnant out of wedlock, she could face being stoned by the village rulers.

While all this seems terrible, there were many lessons about life and freedom to be learned through the Nigerians. Among those lessons, I was taught kindness and humility.

I learned to respect those women in the fields and never take life for granted. Most of all, I learned how to appreciate what I had and to work hard for what I wanted.

When my family moved back to the United States during my high school years, I faced a complete culture shock. My world had been turned upside down, but two things would remain constant: work hard and give my all.

There were so many opportunities and none were limiting because I was a female, not even the United States Air Force Academy.

With my acceptance to the academy, I thought the sky was the limit and I was right. There were many challenges to be faced but they were challenges for both men and women.

Everywhere I looked, there were equal opportuni-

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# Action Line



Photo by Airman Patrice Clarke

**Col. Mark Ramsay**  
319th Air Refueling Wing commander

**Call 747-4522**

*The Action Line is your avenue for information about events and activities on and around the base. For questions about current events or rumors, leave a message. Questions will be answered in the order they are received.*

## Town Hall meeting

**Colonel Ramsay's next town hall meeting is Thursday at 7 p.m. in the base theater. People interested in submitting topics and questions should submit them through the Action Line at 747-4522.**

**5**

Consecutive  
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effectiveness rating



Photo illustration by Staff Sgt. Scott T. Sturkol

## Cover

**From the aircraft maintainer to the military spouse, the opportunities for women in the military have come a long way. This week's edition of *The Leader* is dedicated to those accomplishments.**

## Editorial staff

Col. Mark Ramsay	_____	Wing commander
Capt. Patricia Lang	_____	Chief, public affairs
2nd Lt. Ashley Gee	_____	Deputy chief, public affairs
Master Sgt. Scott Davis	_____	NCOIC, public affairs
Staff Sgt. Scott T. Sturkol	_____	Editor/Chief, internal information
Airman Patrice Clarke	_____	Associate editor

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♦**CCTV3** — **E-mail:** CCTV3@grandforks.af.mil, **Phone:** (701) 747-5023

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# Officials introduce war on terrorism medals

WASHINGTON (AFP) -- Servicemembers serving at home and abroad in the war on terrorism will now be recognized for that service. Department of Defense officials announced Feb. 26 the final approval of two new medals and their criteria.

Individuals who have deployed for operations Enduring Freedom or Iraqi Freedom will be awarded the Global War on Terrorism Expeditionary Medal. The Global War on Terrorism Service Medal will be awarded to those who served in airport security operations in the United States following the Sept. 11, 2001, attacks or who supported operations Enduring Freedom, Noble Eagle or Iraqi Freedom.

The front of the Global War in Terrorism Expeditionary Medal features a shield adapted from the Great Seal of the United States. The back includes the eagle, serpent and swords from the medal's front-side design along with the inscription "War on Terrorism Expeditionary Medal."

"These medals recognize the significant contributions members of the armed forces bring to bear in combating terrorism in all forms throughout the world -- for both current

and future operations," stated a DOD news release.

Individuals can receive both medals if they meet the individual criteria, officials said.

To be awarded the expeditionary medal, individuals must have been deployed outside the United States for OEF or OIF for 30 consecutive days or 60 nonconsecutive days. The time requirement is not needed if the individual engaged in combat, was wounded or killed in action, or was medically evacuated for any reason, officials said.

The area of eligibility encompasses the U.S. Central Command area, (excluding the lower Horn of Africa) Middle East, eastern Turkey, Philippines, Diego Garcia and all air spaces above the land and adjacent water areas,



Courtesy photo

**The Global War on Terrorism Expeditionary Medal and the Global War on Terrorism Service Medal received final approval from the Department of Defense Feb. 26.**

according to the release.

Each day aircrew members fly sorties into designated areas counts as one day of deployment toward the 30- or 60-day requirement.

Individuals engaged in actual combat may be eligible for battle stars on the expeditionary medal. Only a combatant commander can initiate a request for a battle star, and the chairman of the Joint Chiefs of Staff is the approving authority for them, the release states.

Servicemembers eligible to receive the Global War on Terrorism Service Medal must have participated in or supported operations on or after Sept. 11, 2001. Service medal eligibility dates run from Sept. 27, 2001, to May 31, 2002, for individuals who served in airport security operations.



## Airman Carly A. Rakoczy

Airman Carly A. Rakoczy was the plans flight information manager, 319th Communications Squadron, 319th Mission Support Group, 319th Air Refueling Wing, Grand Forks Air Force Base, N.D.



As the flight information manager, she was responsible for all manual and electronic administrative communications; information flow including processing, controlling, and distributing all correspondence. She also maintained all records management operations for the flight, including Privacy Act and Freedom of Information Act requests.

She performed workgroup management responsibilities, maintaining the security and operational health of 12 computer systems. She maintained all hardware, software and configuration management of these systems.

She also maintained the squadron Network User License Program, ensuring all personnel were trained in the use of government computer systems. Airman Rakoczy also volunteered to assist the Base Information Transfer Center, augmented the staff with distribution of official mail to the wing organizations. "Airman Rakoczy was a great asset and a phenomenal member of the 319th Communications Squadron," her commander, Lt. Col. Laurie Lisec, said.

### Education

□ **2003:** Basic military education, 322nd Training Squadron, Flight 762, Lackland Air Force Base, Texas

□ **2003:** Information management apprentice course, 336th Training Squadron, Keesler Air Force Base, Miss.

### Assignments

□ **Jan. 16, 2004 to Feb. 25, 2004:** Plans flight information manager, 319th Communications Squadron, Grand Forks AFB, N.D.

### Major awards, decorations

Air Force Achievement Medal  
National Defense Service Medal  
Air Force Training Ribbon

### Promotion dates

Airman basic: Sept. 2, 2003  
Airman: Feb. 25, 2004

# 'She made a difference'

Squadron co-workers recall Carly's work ethic, professionalism

### Courtesy 319th Communications Squadron

More than 700 family members, friends, and co-workers gathered at the Sunflake Chapel on Sunday to memorialize Airmen Carly Rakoczy, 319th Communications Squadron.

Airman Rakoczy died Feb. 25 in a traffic accident.

According to the North Dakota Highway Patrol, her car went out of control and rear-ended a sport utility vehicle parked along the eastbound lanes of U.S. Highway 2. The accident's location was about three miles east of the base and it occurred shortly before noon Feb. 25.

"Airman Rakoczy was stationed on Grand Forks AFB for barely a month, yet she touched so many lives and made a difference," said Lt. Col. Laurie Lisec, 319th CS commander.

Airman Rakoczy was born on Grand Forks AFB on Jan. 19, 1985. She grew up on the base and in Reynolds. After graduating from Central Valley High School in 2003, she joined the Air Force.

Upon graduation from basic training she attended the information management apprentice course at Keesler AFB. "She told me she had swapped assignments specifically so she could come to Grand Forks," Lisec said. "She wanted to come home and serve where she knew she had friends and family. She was so excited to be starting her career at Grand Forks."

The 19-year-old airman had made her presence felt in less than one month in the squadron.

"When she walked into my office, it was like I had taken a jump back in time because her mother Brenda and I used to work together when I was on active duty a 'few' years ago," said Roger Hegland,



Photo illustration by Master Sgt. Mark Bucher

**This photo illustration was put together for Airman Carly Rakoczy's funeral Sunday in the Sunflower Chapel. More than 700 people attended the funeral.**

319 CS plans flight chief. "There was Brenda's smile, her mannerisms. Carly had the same enthusiasm, caring for others, and concern for professional appearance. We just discussed her upcoming promotion on Tuesday. She was worried about how her new stripes would affect the perfect creases in her uniform."

"If I were to design the perfect airman, she would be the prototype," said Staff Sgt. Diana Feeley, 319th CS information manager.

Airman Rakoczy completed two of three volumes of her career development course in just 12 days, Sergeant Feeley said.

"Her eagerness to accomplish her

upgrade training was a reflection of her respect for her profession," Sergeant Feeley said. "She enjoyed contributing to the teen and children's activities on Grand Forks AFB by volunteering at Liberty Square where she was a skate guard and occasionally deejayed music on Friday and Saturday nights."

"She made a difference," Colonel Lisec said. "Unfortunately, God called Carly to his side much sooner than any of us ever wanted or expected. But I know, in the rank and file that is God's army of angels, Carly is there," Colonel Lisec said. "She's telling them all about the Air Force way of doing things. And, she's still making a difference."

## Former caregivers remember Rakoczy as a leader at a young age

**By Staff Sgt. Scott T. Sturkol**  
Public affairs

If you talk to Peggy Howard or Sally Fuller, they'll tell you Carly Rakoczy was a little girl whom others "followed anywhere."

That fact was realized during her funeral Sunday when more than 700 people crammed the Sunflower Chapel just for the opportunity to pay last respects to Airman Rakoczy. The 319th Communications Squadron airman died in a car accident on United States Highway 2 Feb. 25.

Ms. Howard, coordinator for the youth center school age program, or SAP, and Ms. Fuller, youth center director, were among those who attended the funeral. They said she has always been someone who was fun, charismatic, and dedicated to helping others.

"Carly was 4 years old when I first met her," Ms. Howard said. "She attended the child development center here and I was one of the caregivers assigned to her room."

"When Carly was 6 years old, she was in the youth center school age program and it just so happened that I was the super-

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Air Force Assistance Fund

The Air Force Assistance Fund campaign continues through March 29. Every tax-deductible contribution generated goes directly to emergency assistance programs, such as the Air Force Aid Society.

In 2003, Grand Forks Air Force Base members contributed \$25,314 to the AFAF and its airmen received \$212,485 in assistance in return.

With help, the AFAF campaign will be more successful this year, and as a result, continue to provide assistance to programs here.

For details call your unit representative, Capt. Dean Ramsett, or 2nd Lt. Lance Goette at 747-4045 or 747-4521.

Claims

Anyone having claims for or against the estate of Airman Carly Rakoczy please contact the Summary Cour Officer, 1st Lt. Jason Slegar at 747-5445 or [jason.slegar@grandforks.af.mil](mailto:jason.slegar@grandforks.af.mil).

Snow removal contractor

Schmitz, Inc. is the contractor responsible for removing snow from base streets and parking lots. They are available 24 hours a day and seven days a week to handle any base street or parking lot snow removal issue.

The contractor asks base members to park in the clean areas of a parking lot so they can clean the areas where snow has to be removed. Everyone’s assistance will be greatly appreciated. Anyone with questions or concerns

Briefs

can call the snow removal hotline at 594-8985. For unresolved problems, call the quality assurance evaluator, Tech. Sgt. Ken Bowlin, at 747-5821.

Angel Award nominations

The Grand Forks Officer’s Spouses Club is accepting nomination applications, recognizing individuals with outstanding volunteerism during the last year.

Eligible individuals are active duty military, military family members, military retirees, federal civilians, community civilians, and all OSC members -- excluding executive board members and advisors.

Nomination deadline is April 5.

Application forms can be picked up at several locations on base.

For further details, call Carol Gaddis at 594-3802 or e-mail her at [ccrgaddis@gra.midco.net](mailto:ccrgaddis@gra.midco.net).

Public notice

Grand Forks Air Force Base has proposed the construction of an all-terrain vehicle training area.

The enviromental assessment comducted had a finding of no significant impact has been determined.

Anyone who would like to view the support documents to this action should contact the 319th Air Refueling Wing public affairs office within the next 30 days at 747-5023.

Public notice

Grand Forks Air Force Base has proposed the construction of an addition to building 233.

The enviromental assessment conducted had a finding of no significant impact has been determined.

Anyone who would like to view the support documents to this action should contact the 319th Air Refueling Wing public affairs office within the next 30 days at 747-5023.

Public notice

Grand Forks Air Force Base has proposed the construction of an on-base snowmobile trail.

The enviromental assessment conducted had a finding of no significant impact has been determined.

Anyone who would like to view the support documents to this action should contact the 319th Air Refueling Wing public affairs office within the next 30 days at 747-5023.

Book donations

The base Earth Week Planning Committee is taking book donations. The books will be sold during Earth week and all proceeds will be used to buy trees to plant in the base arboretum.

The dropoff points include the base exchange lobby, military personnel flight customer service, education center, and the community activities center.

For details call Senior Airman Cristina Moreland at 747-3865.



## New chairman ‘dedicated to success’ of local Military Affairs Committee

**By Capt. Patricia Lang**  
Public affairs

You can pick him out in any crowd of Grand Forks civic leaders: look for his smile. That’s Don Fisk, the 2004 chair of the Military Affairs Committee.

As owner of Insight Technologies, Inc., Mr. Fisk and his wife Sue have lived in Grand Forks for more than 30 years.

“We are honored that Don is willing to lead the committee,” said Col. Mark Ramsay, 319th Air Refueling Wing commander. “He has helped us so much in the past. He’s committed to the success of the Military Affairs Committee, and continues to raise the bar with relationships between the citizens of Grand Forks and East Grand Forks, and the men and women on base.”

Mr. Fisk, a University of North Dakota graduate, started working for Team Electronics while in college, and worked his way up to manager, then president and



**Don Fisk**

owner.

“That’s the only place I ever worked,” Mr. Fisk said.

In 1996, he formed Insight Technologies, Inc. Mr. Fisk’s community involvement has been said to be “legendary.”

He’s been a past president of the Grand Forks Sertoma Club, Grand Forks YMCA and United Lutheran Church. He served as chairman for the Grand Forks Chamber’s Board of Directors in 1999 and SmartCity Committee from 1996-1998.

He’s also served on University of North Dakota’s Family Association Board, X-Cel Energy-North Dakota Advisory Board and UND’s Medical Rehab Hospital Advisory Board.

Delton Steele served as the 2003 Military Affairs Committee chairman, while Mr. Fisk served as the vice-chair and chair-elect.

“Delton has done a phenomenal job in really making us feel welcome in this community,” said Colonel Ramsay said. “He has been a true friend to this base.”

### 2004-05 Grand Forks AFB honorary commanders

Following are the base’s newly elected honorary commanders. They are listed by which unit and commander with whom they will be working.

□ 319th Air Refueling Wing Commander, Col. Mark Ramsay: Honorary commander is **Mr. John Marshall**.

□ 319th ARW Vice Commander, Col. Steve Wayne : Honorary commander is **Mr. Don Fisk**.

□ 319th ARW Command Chief, Chief Master Sgt. Danny Holwerda: Honorary commander is **Mr. Dennis Potter**.

□ 319th ARW Director of Staff Col. (Sel.) Eddie Douglas: Honorary commander is **Mr. Dan Schenkein**.

□ 319th Comptroller Squadron Commander, Lt. Col. Gerald Perkins: Honorary commander is **Mr. K.C. Inman**.

□ 319th Operations Group Commander, Col. Cathy Clothier: Honorary commander is **Dr. Bruce Smith**.

□ 905th Air Refueling Squadron Commander, Lt. Col. Giovanni Tuck: Honorary commander is **Mr. Jerry Severson**.

□ 906th ARS Commander, Lt. Col. Sean Carey: Honorary commander is **Mr. Dave McFarlane**.

□ 911th ARS Commander, Lt. Col. Jon D. Klaus: Honorary commander is **Mrs. JoAnn Otto**.

□ 912th ARS Commander, Lt. Col. Leslie Burns: Honorary commander is **Mr. Paul Stenseth**.

□ 319th Operations Support Squadron Commander, Lt. Col. Robert Dague: Honorary commander is **Mrs. Dawn Mahar**.

□ 319th Maintenance Group Commander, Col. Mike Saville: Honorary commander is **Mr. Ken Towers**.

□ 319th Aircraft Maintenance Squadron Commander, Lt. Col. James Howe: Honorary commander is **Ms. JoAnn Renfrow**.

□ 319th Maintenance Squadron Commander, Maj. David Haar: Honorary commander is **Mr. John Stiles**.

□ 319th Maintenance Operations Squadron Commander, Maj. Craig Gaddis: Honorary commander is **Mr. Scott Hasbrouck**.

□ 319th Mission Support Group Commander, Col. Barbara Chine: Honorary commander is **Dr. Phil Harmeson, J.D.**

□ 319th Communications Squadron Commander, Lt. Col. Laurie Lisec: Honorary commander is **Mrs. Terri Horpedahl**.

□ 319th Civil Engineer Squadron Commander, Lt. Col. Patrick Fogarty: Honorary commander is **Mrs. Diane Blair**.

□ 319th Constracting Squadron Commander, Maj. James Bachinsky: Honorary commander is **Mr. Dick Olson**.

□ 319th Logistics Readiness Squadron Commander, Lt. Col. Walter Moynihan: Honorary commander is **Mr. George Berg**.

□ 319th Services Squadron Commander, Maj. Elizabeth Demmons: Honorary commander is **Mrs. Cheryl Ramberg**.

□ 319th Security Forces Squadron Commander, Maj. James Mary: Honorary commander is **Ms. Donna Wolfe**.

□ 319th Mission Support Squadron Commander, Lt. Col. Victoria Bowens: Honorary commander is **Mr. Wade Pearson**.

□ 319th Medical Group Commander, Col. Keiko Torgersen: Honorary commander is **Mrs. Pat Berger**.

□ 319th Aeromedical-Dental Squadron Commander, Lt. Col. Wayne Sumpter: Honorary commander is **Mrs. Marijo Shide**.

□ 319th Medical Operations Squadron Commander, Lt. Col. Robert Steed: Honorary commander is **Dr. Ben Clayburgh**.

□ 319th Medical Support Squadron Commander, Maj. Bob Valentine: Honorary commander is **Mrs. Renee Axtman**.

#### Ambassador club

**Mrs. Harriet Rothkopf**, Ambassador #1

**Mr. John Marshall**, Ambassador #2

**Mr. Don Larson**, Ambassador #3

**Mr. Ken Towers**, Ambassador #4

# Voting officer explains reasons behind voting on Tuesdays

**By Maj. Robin White-Reed**  
Base voting officer

The Tuesday after the first Monday in November was initially established by law in 1845 for the appointment of presidential electors in every fourth year.

Another law established this date for electing representatives in every even numbered year in 1875. Yet another law established this date as the time for electing U.S. Senators in 1914.

Why early November? Throughout United States history, America was a predominantly agrarian society. Lawmakers, therefore, took into account that November was perhaps the most convenient month for farmers and rural workers to be able to travel to the polls.

The fall harvest was over (remember that spring was planting time and summer was taken up with working the fields and tending the crops), but in the majority of the nation the weather was still mild enough to permit travel over unimproved roads.

Why Tuesday? Since most residents of rural America had to travel a significant distance to the county seat in order to vote, Monday was not considered reasonable since many people would need to begin travel on Sunday. This would, of course, have conflict-



ed with church services and Sunday worship.

Why the first Tuesday after the first Monday? Lawmakers wanted to prevent election day from falling on the first of November for two reasons.

First, Nov. 1 is All Saints Day, a Holy Day of Obligation for Roman Catholics. Second, most merchants were in the habit of doing their books from the preceding month on the first. Apparently, Congress was worried that the economic success or failure of the previous month might prove an undue influence on the vote!

For additional details on voting topics, go online to: <http://www.firstgov.gov/Citizen/Topics/Voting.shtml#basics>.

For additional details on your right to vote, visit the Federal Voting Assistance Program Web site at <http://www.fvap.gov>.



*Photo by Staff Sgt. Scott T. Sturkol*

## Thinking day

Members of base Girl Scout troops gathered at the youth center Feb. 22 for "Thinking Day." Each troop put together displays of cultures from other countries such as Germany and China. They also tasted ethnic foods and had videos for watching.



*Courtesy photo*

## Crossing over

Members of the base Cub Scouts are shown "crossing over" the bridge to Boy Scouts during the Blue and Gold event Feb. 28 at Eielson Elementary School. The Blue and Gold is a celebration of the birth of scouting and is also an opportunity for Cub Scouts to transfer into Boy Scouts.

## Portal provides information access, instant messaging

By Staff Sgt. C. Todd Lopez  
Air Force Print News

**WASHINGTON** -- Air Force senior leaders have asked that all airmen sign up for a new Web-based technology that promises to streamline access to information across the force -- the Air Force Portal.

In a December information technology initiatives memo, Secretary of the Air Force Dr. James G. Roche and Chief of Staff of the Air Force Gen. John P. Jumper asked that all airmen sign up for an Air Force Portal account as soon as possible.

"The Air Force Portal will be the airman's interface to all services and information needed to perform his or her job," the memo stated.

The portal is a Web-based system developed to incorporate as many Air Force information applications as possible. The result of such an integration is that systems such as the virtual military personnel flight or functional area appli-

Airmen may register for access to the portal by logging onto the Air Force Portal Web site at <https://www.my.af.mil> and

cations, such as a munitions ordering or parts tracking system, would all be accessible from one Web site, said Lt. Col Dan Hausauer, portal integration division chief.

"The long-term vision is that the majority of applications and content will come through the Air Force Portal," Colonel Hausauer said.

"Today there are hundreds of applications that are either accessible through the portal or are actually within the framework of the portal."

The key benefit to such an integration is the idea of a single user login. Once a user logs in, the portal itself authenticates a user into the application.

This means that with each new application integrated into the portal, users will have one less Web

clicking on the self-registration link.

The registration process is self-guided.

address, login name and password to remember, Colonel Hausauer said.

"You can log into the portal with a single user name and password, and from there, these users can get to their applications without having to reauthenticate," Colonel Hausauer said.

"Some users within the logistics community have told me that in the past they've had (more than) 50 user names and password combinations, and now they need only one."

The logistics community has done the most to integrate their applications into the portal and to integrate the system into their own processes, Colonel Hausauer said. Besides logistics applications, other applications such as myPay and LeaveWeb are soon to follow.

### How to sign up

## There's time left for people wanting to leave active duty early

**AIR FORCE PERSONNEL CENTER** -- Nearly 1,250 airmen have applied to leave the Air Force early under "Force Shaping."

As the March 12 application deadline draws near, officials looking to trim the force by more than 16,000 are encouraging airmen of all ranks to take a careful look at options to retire or separate earlier than they might otherwise have been allowed.

"It isn't for everyone. But we think this program offers some Air Force members what they may be looking for—a way to transition from active duty and move on with the next challenge in their life," said Col. Phil Odom, chief of Air Force separations and retirements here.

The early-out program is off to a slower start than officials had hoped. Under the plan, the exit doors were opened to many officers and enlisted by waiving some active-duty service commitments and relaxing certain restrictions for transition to the Air National Guard or Air Force Reserve. So far, 289 applications have been approved for either early retirement or separation or the Palace Chase program, said Colonel Odom.

Not all career field specialties are eligible for the active duty service commitment waivers, however. The list of affected career fields is posted at <http://www.afpc.randolph.af.mil/retsep/shape.htm>.

For details on "Force Shaping" opportunities, call the military personnel flight at 747-4902.



**World**, from Page 2  
ties for anyone who was willing to work hard. I saw the ground work that had been laid beforehand, some 22 years earlier by the first graduating class of women in 1980.

It just showed the perseverance, dedication and character of all the women who had come before me, not just at the Academy but throughout the U.S.

Nigeria, and many countries like it, may seem backwards to us, but they are making advancements toward the improvement of women's rights. In comparison, the U.S. and Nigeria are centuries apart and a world of difference.

It is amazing to think that our great nation was at one time not so different from Nigeria. It lends a whole new appreciation for those who came before us and opened the doors for limitless opportunities, not just for women, but for anyone who is will to work hard and give 100 percent.

During Women's History Month, we get to see how much progress the United States and much of the world has made in the advancement of rights and opportunities for women.

I'm glad to say I've seen what happens from one end of the spectrum to the other.

**Leader**, from Page 4  
visor of that program," Ms. Howard said. "Carly was full of energy and mischief back then. Carly was a ring leader with a group of children who would have followed her anywhere, and they did.

"They thought it was funny to hide from the SAP staff when they did not want to do something or if they just wanted to tell secrets," Ms. Howard said. "Through the years Carly kept in touch with all of us at the youth center and she returned as a volunteer recently."

Ms. Fuller said she's known Carly since she was about 6 years old.

"Carly grew up in our school age program until she moved off base," Ms. Fuller said. "Even after she moved off base, she came out to visit. When we hired her best friend Kassy Johnson, Carly was around a lot to volunteer and be close to her friend."

Ms. Fuller said when Airman Rakoczy joined the Air Force last year, they never expected her to come back, but to travel the world.

"She walked into the building upon her return and said, 'I'm back,'" Ms. Fuller said. "When I asked why she chose here instead of any other base, she said she was needed here more than anywhere else."

At the youth center, Ms. Fuller said Airman Rakoczy immediatly got her volunteer train-

*"Carly was a leader. She was not afraid of anything, even at 4 years old."*

**Ms. Peggy Howard**

ing so she could start working as an adult volunteer instead of as a youth volunteer, which she did before she joined the military.

"It's hard to say what her legacy working with youth would be since she just started working with the youth as an adult, but she would have made a huge impact once she had got to know the kids since that was the way Carly was," Ms. Fuller said.

"Carly made an impact in people's lives from the time she was born, so the legacy she might have left behind for the youth who didn't get to know her, but have heard about her, is this, 'Be your own person, not what others want you to be.' Carly was her own person and don't let anyone tell you any differently."

Ms. Howard's statements describing Airman Rakoczy reflect those of Ms. Fuller's.

"Carly was a leader," Ms. Howard said. "She was not afraid of anything, even at 4 years old. Even back in the early daycare

years, Carly was the one who would stand up for all the others if she thought they were being treated unfairly by other children or the adults. Her energy and enthusiasm for everything made her a challenge to keep up with, but a joy to be around."

Both Ms. Howard and Ms. Fuller said Airman Rakoczy, above anything else, will be missed.

"There is no quantity possible to say how much you'll miss someone, there will always be an empty spot in my heart," Ms. Fuller said. "Carly was one of our 'babies,' if you want to put it that way. We've had thousands of children go through our doors in the past 20 years I've been working youth programs. A person can say they don't have favorites, and we aren't suppose to, but when you work youth programs there are those youth who touch your heart. You remember them always. Carly was one of those special youth."

Ms. Howard said, "I can not start to put into words how much I will miss her. I had the honor of knowing her for all these years and it is everyone else's loss for never getting the chance to know Carly.

"I have had a lot of children walk in and out of my life," Ms. Howard said. "All of these children are special, but then there are the ones who stop and make a lasting mark in your heart, Carly was one of these people. She will never be forgotten."

## Enlisted Spouses Club holds 'Educational Showcase' Saturday in CAC

The Enlisted Spouses Club is holding an "Educational Showcase" Saturday from 10 a.m. to 3 p.m. in the community activity center.

Various speakers will be on hand to discuss subjects such as TRICARE, voter assistance, security forces, housing office, Defense Commissary Agency, family support center, base exchange, health and wellness center, and many more.

The event is free and open to everyone.

"This is an opportunity to get informed on those things you had questions about as a military spouse," said ESC president Tracy Carter. "We are asking military spouses to stop by and get information you can use as well as learn something new at the same time."

For details call Mary Magoon at 594-3454.



# Today's women:

## Inspirations from others have helped some women move into future

By Airman Patrice Clarke  
Public affairs

Women have been breaking barriers every since barriers have been placed before them.

From Susan B. Anthony, who organized the National Woman Suffrage Association so that women throughout the United States could vote and own land, to Sandra Day O'Connor, the first woman appointed to the Supreme Court.

The balancing act women do everyday with households, children, and jobs has shaped the nation and the driving force behind many of these women to achieve greatness is the people who inspire them.

The roles of women in the civilian workplace, the military and right at home are changing everyday. Women will continue to face challenges, the challenges will just be different then before.

"My dad is my biggest inspiration," said Col. Keiko Torgersen, 319th Medical Group commander. "He was active duty military, who

worked on the flightline and he told me I can do whatever I wanted to do."

For Colonel Torgersen there were "no obstacles."

"When I was just starting out in the military there were no women squadron commanders and group commanders in the medical group, or better yet the Air Force," Colonel Torgersen said. "We couldn't say I want to be a group commander like her, because there were none."

Grand Forks Air Force Base currently has four squadron commanders who are women and three out of the four group commanders are women.

When it comes to what inspires women the inspirations come from the littlest person to the strongest women.

"The person who I have always looked up to is my mother," said Senior Airman Cristina Moreland, 319th Air Refueling Wing manpower office. "She is a single career woman with four kids, who always seemed to handle things so well.



Photos by Airman Patrice Clarke

**Senior Airman Cristina Moreland, 319th Air Refueling Wing manpower office, checks some answers on her career development course books with a coworker during some down time at work. Airman Moreland recently cross-trained into the Manpower career-field.**

"She always supports me in any of the crazy things I do," Airman Moreland said.

"The person who inspires me the most is my son Jariq," said Mrs. Julia Douglas, 319th Medical Operations Squadron secretary.

"When times get hard and I feel like giving in, this little person's silence says so much."

Women are no longer forced to be stay-at-home moms. Roles of women are constantly changing.

"Women are consistently taking command positions. Women are very successful at multi-tasking," Colonel Torgersen said.

"We are very good at being commanders, mothers, and wives.

"The Air Force seems to understand that women will always be women and that families come first," Colonel Torgerson said.

Colonel Torgersen said she wouldn't be the medical group commander without the support of her family.

"The role of women has already changed dramatically over the last 50 years," said 1st Lt. Liesl Causey, 319th Operations Support Squadron executive officer. "In the coming years I see the role of women stabilizing, when the women in the junior ranks now move up into command positions, and people get used to seeing women in supervisory and commander roles."

To Airman Moreland, the biggest challenges

women have faced in the past and will continue to face in the future is the challenge within her selves to be a great contributor to her family and society.

"I feel that women want to achieve greatness without compromising their role in the family. They want to be able to go to school or work, without giving up anything they have waiting for them at home," said Airman Moreland.

"I think that especially with mothers there is a lot of guilt associated with doing versus what you "should" be doing.

"In essence, I feel that women can have everything they want if they are able to create an equal balance in their life leaving the stereotype of what a woman "should" be doing on the doorstep," she said.

Staff Sgt. Kikiva Hinton, education and training manager of the 319th Logistics Readiness Squadron believes that the challenge of balancing work, school, and family will always be a hurdle that women will have to jump.

Many younger women need to take advantage of the free education that the Air Force is offering.

"The education is there and is free," Sergeant Hinton said.

"Of course young women, women period, need to take advantage of this extra."

As the roles of women evolve, the challenges of women will continue.

# Women have had, continue to provide crucial roles in aviation

*History tells us that the first licensed woman pilot in the United States was Harriet Quimby in 1911.*

*History forgets to tell us that Katherine Wright, sister of the Wright brothers, had as much to do with the first flight at Kittyhawk as did her brothers.*

*Women flew airplanes before they could vote - but not in the U.S. military.*

**During World War I, Princess Eugenie Shakhovskaya and Princess Sophie Alexandrovna Dolgorunaya** were among the first women to become military pilots in Europe and though American women pilots volunteered, none were taken seriously.

We all know the story of the gallant WASP pilots -- women who flew every airplane made during WWII -- including an experimental jet at 350 mph at 35,000 feet, (flown by Ann Baumgartner in 1944) -- yet were not considered military pilots until decades later.

**Sgt. Esther M. Blake** is considered the "first woman in the Air Force" having enlisted in the first minute of the first hour of the first day the regular Air Force was authorized.

This took place on the July 8, 1948, at Fort McPhearson, Ga., where Sergeant Blake was stationed as a member of the WAC.

By enlisting in the Air Force, she became the first WAF -- which by the way stood for women in the Air Force.

**Jacqueline Cochran** broke the sound barrier in 1953, set speed and altitude records and lobbied for the use of women pilots in the military - to no avail.

Civilian women were flying over the North Pole, around the world, and through the sound barrier but until the '70s the military resisted having women pilots.

The Navy, not the Air Force, took the first step -- in 1974 six women earned their wings and became the first Naval aviators. The Army followed suit in 1974 and trained female helicopter pilots.

The Air Force caught up in 1976 and admitted women to the pilot training program. But there was a catch, by virtue of existing policies, their flying was limited to non-combat. Military women pilots would not be flying combat missions.

At least not yet.

Although the military finally trained women pilots the services still played games with gender quotas, the pilot slots, combat exclusion laws and the type aircraft women were allowed to fly.

**From 1976 to 1993 women pilots** were kept out of the cockpits of combat aircraft - in actual combat.

Even though women aviators flew during Panama, Grenada and

Desert Storm their presence was somehow "excluded" from combat records.

Not until 1993 were women allowed to fly combat aircraft.

**The first woman pilot in the United States flew in 1911** -- it took the military 65 years to recognize and train women as pilots and another seventeen years to permit them to invade the sacrosanct area of combat aircraft. Gratefully the tide is turning. An all women Air Force Fly Over team was present at the dedication of the Women's Memorial in 1997.

**A female Air Force Colonel -- Eileen Collins** -- was the first woman to command a space shuttle mission in 1999. Air Force B-52's and Navy Tomcats are being flown by women.

Finally -- the sky is not the limit for women in the military!

**During Operation Desert Storm**

**the first woman pilot gave her life while flying in a combat zone.**

**Maj. Marie T. Rossi** died at age 32 March 1, 1991, when the Chinook helicopter she was piloting crashed near her base in northern Saudia Arabia. The unit she commanded was among the very first American units to cross into enemy held territory flying fuel and ammunition to the rapidly advancing 101st and 82nd Airborne Divisions. Major Rossi is buried in Arlington Cemetery where her simple epitaph there reads "First Female Combat Commander To Fly into Battle."

**Another of the first American woman to fly in combat in the 1990s was Lt Col.Martha**

**McSally**, ranked as the top female Air Force pilot. Colonel McSally was among the first women trained by the Air Force as a fighter pilot.

During a 1995-96 tour of duty in Kuwait, she became the first woman in military history to fly a combat sortie in a fighter aircraft. She also flew more than 100 combat hours on an A-10 Warthog attack plane over Iraq in the mid-1990s, and served as a flight commander and trainer of combat pilots.

In 1993 when Secretary of Defense Les Aspin opened combat aviation to women, including enlisted female aircrew members, allowing women to fly combat missions, opportunities opened even more for women pilots and crew members.

With these new opportunities female pilot numbers are increasing steadily with more and more women completing pilot training.

Today, in the war against terrorism in Operation Enduring Freedom and Operation Iraqi Freedom, women are filling aircrew positions as bomber pilots, navigators, tanker pilots, and weapons officers.

Women are also those people who specialize in operating in flight arms such as loadmasters, and varied officer and enlisted aircrew positions.

(Source: <http://www.womenmilitaryaviators.org>)

## 2004 facts about women in the Air Force

- 19.6 percent of the Air Force is female.
- 18.2 percent of the officers are women and 20 percent of the enlisted corps are women.
- 60.2 percent of the female officers are line officers; 39.8 percent are non-line.
- The population of women in the Air Force is 73,074.
- Women first began entering pilot training in 1976, fighter pilot training in July 1993 and navigator training in 1977.
- Currently there are 519 (3.8 percent) female pilots and 195 (4.1 percent) female navigators, and over 600 enlisted female crew members.



# Sports



Photo by Airman Patrice Clarke

## ‘Futbol’

Intramural indoor soccer began Wednesday with the 319th Operations Support Squadron beating the 319th Logistics Readiness Squadron 3-1. To sign up for intramural indoor soccer or if you have further questions, contact your squadron sports representative.

## Sports shorts

**VARSITY BASKETBALL TEAM IN CITY CHAMPIONSHIP:** The Grand Forks varsity basketball team will be playing in the Grand Forks City League championship game Wednesday at 7:45 p.m. on Court A of the Red River High School.

“Come support the Warriors be league champs,” said Coach D.J. Lemelle.

**BEGINNERS RACQUETBALL CLASS:** The class will cover the basic rules, equipment and benefits of racquetball.

Gain tips on how to improve your game. Learn how to play a variety of racquetball games like cut throat, iron man, or dou-

bles and singles.

Participants will be eligible to win dorr prizes. Open to all ages.

People must sign up no later than March 10.

To sign up call Dave Miller at 747-6755 or 345-8212 or register at the front desk of the sports and fitness center.

**INDOOR YOUTH SOCCER COACHES NEEDED:** The youth center is in need of indoor soccer coaches.

Coaches training will be offered. Set up a date and time to be trained call the youth center. Coaches need to be on board no later than March 5.

For details, call the youth center at 747-3152.

**ICE FISHING:** Outdoor recreation is sponsoring an ice fish-

ing trip March 13 departing from outdoor recreation at 7 a.m. and returning later that day.

Cost is \$10 per person, which includes transportation ice shanty with heater, use of auger, bait and equipment if needed.

The cost does not include fishing license. For details call outdoor recreation at 747-3688.

**OLD PRO BASKETBALL:** The Old-Pro Basketball championship game will be held in the sports and fitness center gym March 12 at noon. For details call 747-3384.

**ICE RINK CLOSURE:** The outdoor ice rink is officially closed for the season. Youth activities staff pass along their to everyone who helped with the care of the ice rink this year.



Photo by Airman Patrice Clarke

## Serve, set, spike

Peter Cayouette sets the ball for the 319th Medical Group during their intramural volleyball game against the 319th Maintenance Squadron Wednesday.



# Community

## Today

**GOLF COURSE BREAKFAST:** The Plainsview Golf Course offers steak and eggs for breakfast from 7 to 11 a.m. for \$5.75

**CLUB DINING:** The Northern Lights club offers the salmon fillet Special from 5:30 to 8 p.m. Members receive a \$3 discount.

**PASTA BAR:** The Northern Lights Club offers a “pasta bar” along with the day’s hot entree from 11 a.m. to 1 p.m.

**OPEN SWIM:** The base pool will be holding open swim from 1 to 5 p.m.

## Saturday

**HAWAIIAN OPEN:** Golf with a tennis ball in the snow at the Plainsview Golf Course with a noon tee time. The tournament is a four person scramble with an entry fee of \$5 per person. Players bring only one club, tennis balls will be provided. No golf balls. Come dressed Hawaiian. For details call the Plainsview Golf Course at 747-4279.

**TEENSUPREME, KEYSTONE CLUBS SURVEY PIZZA PARTY:** Youth ages 14 to 18 are invited to the youth center to complete a survey and enjoy pizza and sodas.

## Sunday

**SUNDAY BRUNCH:** The Northern Lights Club offers Sunday brunch from 10:30 a.m. to 1:30 p.m.

Cost is \$11.25 for adults, \$7.25 for children 5 to 12 and children four and younger eat free. Members receive a \$3 discount.

## Monday

**GOLF COURSE LUNCH:** The Plainsview Golf Course offers chicken fried steak from 11:30 a.m. to 1:30 p.m.

## Tuesday

**ROCK CLIMBING CLASSES:** Rock climbing classes will be held every Tuesday at 7 p.m. at the Sports, and Fitness center. Please sign up at the front desk. For details call Vicky at 747-3384.

## Wednesday

**MISSOULA PERFORMING ARTS THEATER CAMP:** The Missoula Children’s Theater is hosting the theater camp from July 26 - 30 for youth ages 14 to 18 at Seely Lake near Missoula, Mont.

Campers will participate in one full week of voice, acting, and dance classes, as well as waterfront activities such as swimming and boating, arts, crafts, and campfires.

Participants must be 14 but not older than 18 years old by July 1.

Participants will be selected based on their application and audition tape submitted to Headquarters Air Force Services.

If selected, camp registration, lodging, food, and transportation to and from Missoula will be paid for the participant.

Funds and spaces available are limited for

the Performing Arts Camp.

For details call the youth center at 747-6034.

**TALENT SHOW:** There is a talent show meeting at 5:30 p.m. at the youth center. Please bring CD, tapes, and musical accompanist and be prepared to show your act. Must be pre-registered for the talent show.

**GOLF COURSE LUNCH:** The Plainsview Golf Course offers a Mongolian Lunch from 11:30 a.m. to 1:30 p.m.

**CLUB DINING:** The Northern Lights Club offers an “all you can eat” taco bar from 5:30 to 8 p.m. Cost is \$6 and members receive a \$3 discount.

**STORYTIME:** The base library holds storytime at 10 a.m. every week. Each week is themed. There is reading, singing, and do an activity in relation to the theme. This weeks theme is Dr. Seuss. For details call the library at 747-3046.

## Thursday

**SCRAPBOOKING:** There will be a beginning scrapbooking class at the skills development center from 11 a.m. to 1 p.m. Cost is \$5.50 plus supplies. For details, come by or call the SDC at 747-3481.

## Upcoming

**PEANUTS:** The Northern Lights Club sports bar is celebrating National Peanuts Month and now offer peanuts to go with your drink.

**CRAFT MONTH:** Spring into craft this month, come by the skills development center for details on the events, activities and sales going on throughout the month.

**CLUB DINING:** The Northern Lights Club will be having crab legs with their steak night March 27 from 5:30 p.m. to 8 p.m. Members receive a \$3 discount.

**THRIFT SHOP:** The thrift shop is accepting spring and summer donations. Please bring in your donated items during regular business hours: Tuesdays and Fridays 10a.m.-2p.m. and the first Saturday of the month 10a.m.-2p.m. For details call Tami Maxwell at 747-3136

**WOMENS HISTORY MONTH BOOK CLUB:** The Womens History Month committee will be starting a book club for the month of March and then after if we have enough participation. Anyone can participate regardless of gender and rank.

For details call Senior Airman Sasha James at 747-4244.

# Base theater



**Today, 7 p.m.**  
***The Butterfly Effect (R)***

Ashton Kutcher stars as an emotionally conflicted man dealing with suppressed childhood memories. Cleverly enough, he discovers a way to travel back in time, but his different actions in the past have enormous ramifications for his future/present.

**Saturday, 7 p.m.**

***Cold Mountain (R)***

The story focuses on a wounded Civil War soldier, Inman (Jude Law), who gets up from what doctors suspected was his deathbed and begins the long, difficult walk home to Cold Mountain, N.C., so he can be with the woman he loves and left behind three years earlier, Ada (Nicole Kidman).

**March 12 , 7 p.m.**

***The Perfect Score (PG-13)***

**March 13, 7 p.m.**

***Calendar Girls (PG-13)***

**Tickets: \$1.50 children, \$3 adults**  
**For details, call 747-3021/6123.**

# Base chapel



## CATHOLIC:

**Soup and Station of the Cross:** 6 p.m.

Wednesday, Sunflower Chapel

**Mass:** 9 a.m. Sunday, Sunflower Chapel

**Weekday Mass:** 11:30 a.m. Monday, Wednesday, and Thursday, Sunflower Chapel

**Reconciliation:** 8:30 to 8:45 a.m. Sunday, or by appointment, Sunflower Chapel

**CCD:** 10:45 a.m. Sunday, at Twining Elementary and Middle School. For details call Jane Hutzol at 747-3073.

## PROTESTANT:

**Traditional Worship:** 10:30 a.m. Sunday, Sunflower Chapel

**Contemporary Worship:** 6 p.m. Sunday, at Prairie Rose Chapel

**Sunday School:** 9 a.m. at Eielson Elementary School

**PYOC:** 4 p.m. to 5:45 p.m. Sunday, at the youth center

**PWOC Bible Study:** 7 p.m. Monday, in the Prairie Rose Chapel conference room

**Men of the Chapel Bible Study:** Noon Monday, in the Prairie Rose Chapel conference room

**Young Adults:** 6 p.m. Friday, at Chaplain (Capt.) Brian Swain’s home. For details call 747-6468.

## JEWISH:

Call Synagogue B’nai Israel at 775-5124.

## RUSSIAN/EASTERN ORTHODOX:

Call Dr. Levitov at 780-6540 for details.

## MUSLIM, BUDDHIST, OTHER:

Call 747-5673 for details.



Photo by Staff Sgt. Scott Sturkol

## Reading breakfast

**Alex, Kyra, and Nick Newsom read a book at the Eielson Elementary School reading breakfast Feb. 18. The event was organized by the Eielson parent-teacher organization.**